



Black-throated Blue Warbler © Patrick Maurice

Migration Bonanza!

As our migratory birds move south in search of productive woodlots or mudflats to spend the winter, they provide quite a spectacle. With fresh juveniles in tow, fall often brings nearly twice the number of birds seen in spring. And since there is no rush to arrive on the wintering grounds, individuals tend to gather in large numbers.

A few key migratory pinch points offer amazing glimpses into this avian journey. Along the Atlantic Flyway, catch **Cape May, New Jersey** on the right day and you may experience hundreds of American Redstarts flying past as Red Knots feed in the shallows. Further south, at **Key Biscayne**, Florida, coastal forests can be filled with Black-throated Blue Warblers.

The great inland Mississippi Flyway brings fantastic raptor migration at places like **Hawk Ridge in Duluth**, Minnesota, where thousands of Broad-winged Hawks hug the Great Lakes shoreline and Northern Goshawks shift south to avoid the frigid boreal winter. Out west, the Pacific waters are equally alive as thousands of Sooty Shearwaters gather off the central **California coast**.

Wherever you are in the United States, from September through October it is the time to get outside!



Red Knot © Patrick Maurice



American Goshawk © Shailesh Pinto

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Fall for Florida



Palm Warbler © Shailesh Pinto



American Flamingo © Jodhan Fine

From September to October, Florida hosts millions of migrating birds as they reach the last peninsula of land before either crossing the Gulf or funneling along its shoreline to Mexico. **Palm** and **Cape May Warblers** drip from cypress trees, and even an unassuming sod farm can transform into prime stopover habitat for long-distance travelers like **Pectoral Sandpipers**, **Buff-breasted Sandpipers**, and **American Golden-Plovers**.

Yet the spectacle of these small migrants pales in comparison to the wading bird show. Large mixed roosts of egrets and herons, brooding **Wood Storks**, and—on occasion—a rare **American Flamingo** light up the dusk horizon as they head to night roosts from their daytime hunting grounds.

Come dip your toes in Florida's warm waters and enjoy the show!

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Meet Our Newest Guides

Our outstanding team of professional birding guides is growing! We're honored to be working with these incredible birders to bring you the best possible birding experiences.



Hannah O'Carroll

Florida Birding Guides

Raised among the forests of North Carolina and now happily settled in the West Palm Beach area, Hannah has spent the last five years exploring Florida's rich birding hotspots. Her fascination with wildlife and



Noah Steinberg

Florida Birding Guides

Originally from New York, Noah moved to Orlando in 2022 to make birding the focus of his life. Coming from a family of birders, it had always been a familiar pastime before he took it up more seriously in 2021. Road

birds began at an early age, but it truly took flight while earning her bachelor's degree in Fisheries, Wildlife Biology, and Conservation Biology at North Carolina State University. There, a graduate-level ornithology class sealed the deal, and birds and conservation became her lifelong passion...

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trips across the state deepened his love for Florida's avifauna and confirmed that it would become home. Since moving, Noah has observed nearly 450 species and completed two state Big Years with his father. Although his professional background is in music production and entertainment...

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American Birding Guides Update

Since our last update, we've continued to welcome new guides and expand into more states, giving you more options and more flexibility wherever your travels take you. Our new landing page at americanbirdingguides.com is now live, and behind the scenes we're working closely with our developer to bring the full national site online by the new year — maybe sooner.

In the meantime, the important news is simple: we have more guides in more places, ready to go birding. Whether you're heading out this fall or planning for winter, we can connect you with the right guide to make it happen.



[Explore Destinations](#)

Reach Out!

Don't hesitate to reach out if you want additional information or if you'd like to chat about options for an upcoming or future trip. We are here to help!

Phone: 571-215-7948

Email: americanbirdingguides@gmail.com

We're looking forward to hearing from you!

Felipe Guerrero - Jake Thompson
American Birding Guides

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